

PSHE Cycle 1

2021-2021		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
FROG		<p><u>What makes a good friend?</u></p> <p><b>Year 1</b> Display how to cooperate with others.</p> <p>Describe and discuss what makes themselves and others special.</p> <p>Demonstrate how to play cooperatively with others, respecting others.</p> <p>To know how to be a good friend</p> <p>Identify common likes and dislikes between others.</p> <p>Recognise what they are good at.</p> <p><b>Year 2</b> Describe acts of kindness</p> <p>Explain why people are special within the community groups they belong to. Explain their role in the group.</p>	<p><u>What is bullying?</u></p> <p><b>Year 1</b> Recognise that hurtful teasing and bullying is wrong.</p> <p>Identify who can help if they are worried about something, recognising that both bodies and feelings can hurt.</p> <p>Demonstrate how to play cooperatively with others, respecting others.</p> <p><b>Year 2</b> Take part in a simple debate about topical issues</p> <p>Give reasons and explain class rules and decisions.</p> <p>Recognise how others are feeling, respecting each other's differences and how bullying is wrong.</p>	<p><u>What jobs do people do?</u></p> <p><b>Year 1</b> Name and describe the jobs people do in their local community, including an emergency.</p> <p>Learn about where money comes from and making choices when spending.</p> <p>Know about saving money and how to keep it safe.</p> <p>Identify the different groups we belong to.</p> <p><b>Year 2</b> Give reasons and explain class rules and decisions.</p> <p>Identify groups they belong to</p>	<p><u>What helps us to stay safe?</u></p> <p><b>Year 1</b> Know about personal safety and describe how to stay safe, including rules.</p> <p>Can talk about people who help keep them safe outside the home, including medicines and household products.</p> <p>To know what is meant by 'privacy'; the importance of respecting others.</p> <p>Explain what rules mean and how they help us</p> <p>Describe a way of looking after themselves and others</p> <p><b>Year 2</b> Know about keeping safe in the home, including fire safety.</p>	<p><u>What can help us grow and stay healthy?</u></p> <p><b>Year 1</b> Know how to keep themselves healthy. Recognise how to make healthy choices. Describe the importance of hygiene routines.</p> <p>Know about what can go into and onto bodies and how it can make people feel</p> <p>Recognise about growing, changing and becoming more independent.</p> <p><b>Year 2</b> Know the importance of eating well, physical activity, healthy eating and dental health.</p> <p>To know how to make healthy choices.</p> <p>Describe daily hygiene routines and recognise how disease can be spread.</p>	<p><u>How do we recognise our feelings?</u></p> <p><b>Year 1</b> To explain how it feels to lose something, recognising how it feels when there is change and loss.</p> <p>Describe and discuss what makes themselves and others special.</p> <p>Demonstrate how to play cooperatively with others, respecting others.</p> <p>Identify who can help if they are worried about something, recognising that both bodies and feelings can hurt.</p> <p><b>Year 2</b> Describe types of loss and how we can manage feelings.</p> <p>Give reasons and explain class rules and decisions.</p>

		<p>Give reasons and explain class rules and decisions.</p> <p>Identify and describe how it feels when everyone works cooperatively.</p>			<p>Understand how to keep safe outside, including road safety.</p> <p>Give reasons and explain class rules and decisions.</p> <p>Give examples and demonstrate how we can look after our environment.</p> <p>Demonstrate what you can do in an emergency.</p> <p>Demonstrate how you can ask for help if they worried about something.</p> <p>Identify the importance of not keeping secrets</p>	<p>Identify ways they have grown and changed.</p> <p>Identify main part of the body for boys and girls</p> <p>Consider different types of family and how their home-life is special.</p> <p>Understand that everybody needs to be cared for and learn ways in which they care for others.</p> <p>Give reasons and explain class rules and decisions.</p>	<p>Recognise what they are good at.</p> <p>To recognise what is fair and unfair, sharing views and opinions</p> <p>Explain how people are special in their lives</p>
	FROG Lilac						
	Books CC reading						

	CC writing						
	STEM						
	School Award						
	Further Implementation tools						