

Upper Key Stage 2

Year 5 Skipping

Year 5 children took part in "Skip4Fit" practising skills such as: speed jump, cross-over, backwards double-under and partner work. In addition, they were challenged to skip continuously for 30 seconds and made huge improvements from the first session to the second session.

It was great to see how they supported each other but they did enjoy the final "knock out" game.

Freya

I like when we worked as team jumping over the big skipping ropes. It was fun and it became a competition which I liked.

Lucas

I loved the different types of skipping. My favourite part was when we were timed.



James

I enjoyed doing the 30-second skipping because it was fun and I improved on the number of skips I did from the first to second session.

Internet Safety Day (8th February 2022)

UKS2 took part in activities for *Safer Internet Day 2022*. The theme for this year was, "All fun and games?" where we explored respect and relationships online.

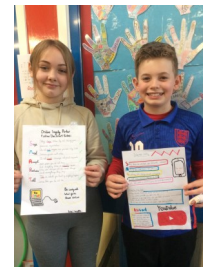
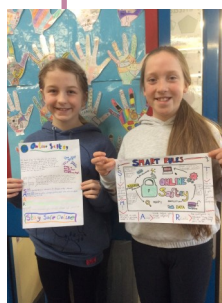
Children were set a task of: create a poster listing online safety tips. This is part of the "Staying Safe" section of the UKS2 *School Challenge Award*. Children had to show what they had learned about staying safe online from discussion, videos and assemblies throughout the week.

Darcey-May

Not everything you see online is true.

Oliver

Kinder messages make kinder impres-



Olly

I think I have got better at TTRS and I enjoy it. Doing TTRS helps me in my maths.



NSPCC Rocks (TTRS)

On February 4th, Northburn took part in NSPCC Rocks. Out of 158 nearby schools participating, Northburn were placed 12th with a score of 77,803.

Anti-Bullying Assemblies

This term, assemblies in Year 5 and Year 6 have focused on anti-bullying, with a clear message that this is unacceptable behaviour. We discussed the difference between conflict and bullying, reminded ourselves what bullying is, the different types (verbal, physical, and cyber), as well as the difference between banter and bullying and who we can talk to in school and at home.

Sleeping

UKS2 have been discussing what helps us learn, and getting enough sleep was identified as essential. This year, on *World Sleep Day*—18th March, we looked at the benefits of good quality sleep and designed posters to share the positive impact a good night's sleep can have on our mental wellbeing and learning.



Isla

I didn't think I would enjoy cricket but I learned how to field and enjoyed cricket.

Autumn

I liked cricket as I have never played before.

Lydia

I found out how to hit a ball holding a cricket bat the right way round.

Cricket

Year 5 and Year 6 had an afternoon with a coach from Cramlington Cricket Club. All pupils had the chance to learn catching and batting skills, as well as how to work as team. They then had the chance to show off their competitive side in a game of quick cricket.



Noah

The experience of cricket was amazing—I was quite good at it!

Josh

We never give up and never stop learning, even when we are stuck.

4 Kind Words—written by Isla D

These 4 words are special to our school because it is our unique culture which will help us in adulthood.

- Ambitious
- Inquisitive
- Resilient
- Respectful

Josh

Don't be put down by things of the past.

Lewis

We are encouraged to always achieve our goals and never give up. If anyone needs help, we will all be there to help.

Megan

We are inquisitive as we are eager to learn and achieve our goals. We are always ready to take on challenges and overcome mistakes no matter the size. We know mistakes can help us learn.

Lianna

As a school, we are resilient because when things are tough, we don't just give up, we keep trying until we achieve our goal.

Ethan

Being respectful can make someone feel good about themselves. It is important to listen to other classmates so they can share ideas and help others.

Autumn

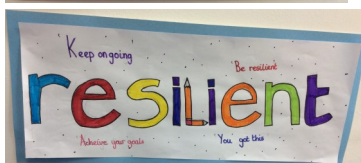
We are respectful. We take of school property and include others. We are respectful to our teachers and friends. Kindness matters.

Maisie

We respect each other as well as teachers.



Pupils made posters to display around school, showing each word and what it means to us at Northburn.



School Challenge Award

Pupils in Upper Key Stage 2 have continued to complete their *Challenge Award* at school and at home. We look forward to seeing what the children produce in the final term.