

School Meals – Summer/Autumn Menu 2022-2023 - Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Pepperoni pizza Potato smiles	Chicken casserole Creamed potatoes	Bolognaise pasta Garlic bread	Gammon with Pineapple Roast Potatoes	Harry Ramsdens fish Chips
Vegetarian option	Margherita pizza	Quorn chicken casserole	Quorn mince bolognaise	Quorn sausage	Tomato pasta
Alternative option	Tuna wrap	Jacket potato with cheese	Ham sandwich	Tuna wrap	Cheese or ham Panini
Vegetables	Baked beans	Broccoli	Sweetcorn	Sliced carrot	Baked beans / Peas
Dessert	Strawberry ripple ice cream	Chocolate krispy Orange juice	Fruit jelly with cream	Iced cake with Custard	Shortbread biscuit Chocolate milkshake

Salad bar, fresh fruit and yoghurt available each day.

School Meals – Summer/Autumn Menu 2022 - 2023 - Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Ham quiche Hash browns	Chicken curry Naan bread Rice	Meatballs Pasta	Roast Beef Yorkshire puddings Roast potatoes	Fish cakes Chips
Vegetarian option	Cheese quiche	Quorn chicken curry	Quorn meatballs	Quorn chicken	Tomato pasta
Alternative option	Tuna wrap	Jacket potatoes with cheese	Ham sandwich	Tuna wrap	Cheese or ham Panini
Vegetables	Peas	Sweetcorn	Mixed vegetables	Diced turnip	Baked beans
Dessert	Chocolate ice-cream roll	Frozen yoghurt cup cake Apple juice	Fruit cocktail with ice-cream	Lemon cake with custard	Treacle bites Raspberry milkshake

Salad bar, fresh fruit and yoghurt available each day.

School Meals – Summer/Autumn Menu 2022 - 2023 - Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Chargrilled chicken Potato croquettes	Sausage casserole Yorkshire pudding Creamed potatoes	Chilli-con-carne Rice Garlic bread	Roast pork Sage & onion stuffing Roast potatoes	Fish fingers Chips Bread
Vegetarian option	Quorn chicken	Quorn sausage	Quorn mince	Quorn sausage	Tomato pasta
Alternative option	Tuna wrap	Jacket potato Cheese	Ham sandwich	Tuna wrap	Cheese or ham Panini
Vegetables	Beans	Broccoli	Sweetcorn / peas	Sliced carrot	Baked bean / peas
Dessert	Chocolate fudge brownie	Frozen yoghurt	Fruit jelly with ice cream	Cornflake crunch with Custard	Chocolate chip cookies with raspberry sauce

Salad bar, fresh fruit and yoghurt available each day.