	8	Northburn Primary School						Whole School PSHE C	Overview 2024/25
NORT	HBUP	Autumn Term		Spring Term			Summer Term		
1SX	YEAR 1	Relationships: What is the same and different about us?	Relationships: Who is special to us?	YEAR 1	Health and wellbeing: What helps us stay healthy?	Living in the wider world: What can we do with money?	YEAR 1	Health and wellbeing: Who helps to keep us safe?	Living in the wider world: How can we look after each other and the world?
	YEAR 2	Relationships: What makes a good friend?	Relationships: What is bullying?	YEAR 2	Living in the wider world: What jobs do people do?	Health and wellbeing: What helps us to stay safe?	YEAR 2	Health and wellbeing: What helps us grow and stay healthy?	Health and wellbeing: How do we recognise our feelings?
Lower KS2	YEAR 3	Relationships: How can we be a good friend?	Health and wellbeing: What keeps us safe?	YEAR 3	Relationships: What are families like?	Living in the wider world: What makes a community?	YEAR 3	<b>Health and wellbeing:</b> Why should we eat well and look after our teeth?	Health and wellbeing: Why should we keep active and sleep well?
	YEAR 4	Living in the wider world: What strengths, skills and interests do we have?	Relationships: How do we treat each other with respect?	YEAR 4	Health and wellbeing: How can we manage our feelings?	Health and wellbeing: How will we grow and change?	YEAR 4	Living in the wider world: How can our choices make a difference to others and the environment?	Health and wellbeing: How can we manage risk in different places?
Upper KS2									
	YEAR 5	Relationships: How can friends communicate safely?	Health and wellbeing: What makes up a person's identity?	YEAR 5	Health and wellbeing: How can we keep healthy as we grow?		YEAR 5	<b>Living in the wider world:</b> What decisions can people make with money?	
	YEAR 6	Living in the wider world: How can the media influence people?		YEAR 6	Living in the wider world: What jobs would we like?	Health and wellbeing: How can drugs common to everyday life affect health?	YEAR 6	Relationships: What will change as we become more independent? How do friendships change as we	Health and wellbeing: How can we help in an accident or emergency?

grow?