

Dear Parents,

I have contacted Public Health Northumberland as there are currently a number of confirmed cases of COVID-19 within the school. They have asked that I send out the following information to you.

The school remains open and your child should continue to attend as normal if they remain well. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

### **Children with symptoms of COVID 19 or a positive COVID test**

If your child is displaying symptoms of COVID-19 they should stay at home and arrange a PCR test at <https://www.gov.uk/get-coronavirus-test> or by calling 119. Free PCR tests are available for people with symptoms. The main symptoms of COVID-19 are a recent onset of any of the following: a new continuous cough; a high temperature; a loss of, or change in, your normal sense of taste or smell (anosmia). Other symptoms linked with COVID-19 include shortness of breath, fatigue, loss of appetite, muscle ache, sore throat, headache, stuffy or runny nose, diarrhoea, nausea and vomiting.

If your child has a positive LFD or PCR test (with or without symptoms) government [guidance](#) advises that they should stay at home and self-isolate. Your child does not need to take a PCR test if they have already taken an LFD test and the result was positive.

Children with a positive lateral flow or PCR test result should not attend school while they are infectious and should self-isolate for a minimum of 5 days. Children can take an LFD test from 5 days after the day symptoms started (or the day the test was taken if they did not have symptoms), and another LFD test the following day. If both these test results are negative, and your child does not have a high temperature, they can stop self-isolating after the second negative test result and return to school. If your child continues to test positive on Day 6, then the process can be repeated until 2 negative tests are obtained on consecutive days. This can continue to a maximum of 10 days and then your child can return on Day 11, even if they continue to test positive on Day 10.

If you are concerned about your child's symptoms, you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111

### **Close contacts**

Children and young people who are contacts of cases of COVID-19 are not required to self isolate. Children who live with someone with COVID-19 should continue to attend school as normal. The school is following national guidance and are implementing extra control measures in addition to our standard measures while there are COVID-19 cases in school.

### **Further information**

Further information is available at [nhs.uk/coronavirus](https://nhs.uk/coronavirus)  
28.3.22

# NORTHBURN PRIMARY SCHOOL

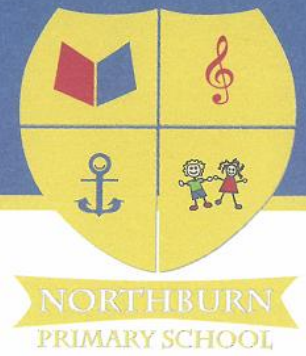
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Ofsted Report (2017): *"Northburn hold children firmly at the centre of their ambitions and have a strong focus on raising pupils' attainment through an exciting, inspiring curriculum."*