



Northburn PE and Sport

What a year 2020-21 has been! We have all had to show flexibility, resilience and a determination to make things happen as we adapted to the restrictions facing us. The important role that being active plays in both physical and mental health has been highlighted this year. We have continued to use the PE and Sport Premium funding to support PE, sport and physical activity both in school and at home.

Out of school virtual clubs

As children returned to school after lockdown 3 and the Easter holidays, we wanted to create opportunities for them to be active, try something different, and most importantly have a fun shared experience with their friends. This led to development of the FAST! Project - Fun and Active Summer Term! Working with some of our local partners, Northburn offered a variety of activities with something suitable for all year groups from Nursery to Y6:

- Dance Blast from Creative Dance Centre
- Soccercise from Cramlington United
- Little Movers
- Mindfulness from Jillates

After-school clubs

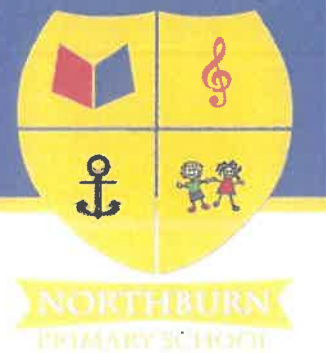
Thank you to Mr Dowson for ensuring every pupil from Year 1 to Year 6 was offered an after school activity this year. Due to restrictions, pupils had to attend clubs in their bubbles but were still able to participate in activities such as cricket, football, basketball and multi skills.

Skipping

In previous years we have attended Cramlington & Seaton Valley skipping festival with pupils in Year 5. As they weren't able to hold the event this year, Year 5 pupils took part in a virtual skipping league and completed a series of skipping challenges. The intention of the activity was to promote physical activity in PE lessons, but also in the playground and during active breaks in lessons. Pupils also practised their skipping at home! Each pupil recorded their own best score for the number of skips completed in 30 seconds. This score contributed to a class and school total, but more importantly pupils saw their own scores improve over the term. We are expecting the results of the competition very shortly and will let pupils know how they did.

Year 5 Football Skills

The Year 5 Football Skills competition required pupils to take part in 5 different skills, including dribbling, passing and agility. Pupils worked hard to improve their personal scores each week and eventually finished 4th in the competition.



Year 6 Hockey Skills

Like the football skills competition, Year 6 pupils took part in 5 challenges testing passing and dribbling skills. This event was won by Northburn Class 12 who went on to represent Cramlington & Seaton Valley in the Virtual Live County Finals.

Virtual Live County Finals

The Level 3 County Festival, usually held in the summer at Cramlington Learning Village, was replaced by a series of Virtual Live County Finals. As well as finals for gymnastics, football and hockey skills, there were also live events for Year 5 & Year 6 Quadkids. Northburn (class 12) represented Cramlington and Seaton Valley Sports Partnership in the Year 6 Quadkids athletics competition. Altogether 984 pupils took part in these events, almost 150 of whom were from Cramlington schools. Amazingly, Northburn (class 12) finished in 3rd place and were awarded bronze medals.

Sports days

All pupils from Nursery to Year 6 enjoyed a competitive sports day this year. Amazingly, the sun shone all week and pupils took part in events from sack races to football dribbles. Thank you to the PTA for providing refreshments and medals for all pupils.

Cricket and Rugby

Key Stage 1 have been really pleased to welcome coaches from Cramlington Cricket Club and Gateshead Thunder into our school over the summer term. Pupils have been learning how to play cricket and rugby in a fun and friendly environment whilst improving their agility, throwing and catching skills. This activity was financed with school sports premium funding and allowed all pupils to improve their abilities in these fundamental areas of sport.

Activity Week

Several schools have replaced residential visits (which haven't been able to go ahead this year) with activity days. Working with Challenge Northumberland, Year 6 had a fantastic week completing a range of outdoor and adventurous activities including a water slide! Pupils and staff had a wonderful time working in teams and building resilience. The week culminated with a visit to the Kielder Bird of Prey Centre. Pupils were able to interact with the amazing birds and enjoy a final trip out with their Northburn classmates. A lot of fun was had by all!

Mr Aird

P.E Leader