

2022-2023 Cycle A		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
PSHE/RSE	FROG	<p>Health and wellbeing</p> <p>Know about ways to celebrate achievements</p> <p>Know about personal strengths and how to develop them</p> <p>Know about feelings that are good and not so good</p> <p>Know how feelings can be managed – both their own and other peoples About risk, danger and hazard</p> <p>Know about asking for help</p> <p>Know about techniques to resist pressure</p> <p>Know how pressure is exerted and how it can be resisted</p>	<p>British Values</p> <p>Know what Democracy is</p> <p>Know what a Dictatorship is</p> <p>To consider the importance of Rule of Law & Individual Liberty</p>	<p>Relationships</p> <p>Know about the concept of keeping something confidential or secret</p> <p>Know about acceptable and unacceptable physical contact</p> <p>Know how to respond to unacceptable physical contact</p> <p>Know how to recognise and manage dares</p> <p>Know how to develop and maintain positive, healthy relationships</p> <p>Know how our actions can affect ourselves and others</p> <p>Be aware of different types of relationships</p> <p>Learn about similarities and differences between people</p> <p>Know about recognising and caring about other peoples' feelings</p>	<p>Money Matters</p> <p>Learn about the role of money in their own and others' lives</p> <p>Know about concepts related to money</p> <p>Know what it means to be 'enterprising'</p>		<p>RSE (Y3)</p> <p>Can identify changes during the human life cycle.</p> <p>Understand that change is ongoing.</p> <p>Understand and challenge gender stereotypes.</p> <p>Recognise family differences. I know what makes me feel good, bad and how to cope with a strong feeling.</p> <p>I can explain how I know how other people are feeling.</p> <p>I know why my feelings change as I get older.</p> <p>I understand good habits for looking after my growing body.</p> <p>Understanding what to do if someone wants me to do something dangerous, wrong or makes me feel uncomfortable.</p> <p>Knows when it is good or bad to keep secrets.</p>

				Respect the views of others' and knowing when/how to challenge points of view when appropriate			Know who I can talk to if feeling anxious or unhappy. Can discuss where to find information about growing up.
	FROG Lilac						
	School Award						
	Further Implementation tools						