

17.11.21

Dear Parent/Carer of Child in Upper Key Stage 2 (Y5 & 6)

**Re: Health Related Behaviour Questionnaire 2021**

Our school has agreed to participate in a very important Health and Wellbeing Survey, this will support the work of Public Health and Children's Services within the Local Authority and we stand to benefit substantially through our participation in the survey. The survey method that is being used has been developed by the Schools Health Education Unit, Exeter and has been in use now for over 30 years. Over 3000 schools have used the survey, many of them regularly repeating the survey.

The survey data in schools may prompt review of the curriculum including:

- As a starting point for a discussion in classroom activities
- As a guide in the choice of resources
- As a prompt for appropriate timing of courses
- As a beginning for further enquiry to strengthen existing programmes e.g. in PE
- As a starting point for discussions between parents and schools

Participating and using the results will help us ensure we continue to provide a health promoting environment for all young people.

Questions will cover a range of health behaviours, for example, emotional health and wellbeing, health eating and exercise, relationships, social media and this year will include some questions relating to Covid 19 (Coronavirus).

Both the Local Authority and the school find the content of the survey acceptable. Each survey is **anonymous** and **confidential** and no pupil will be identified when the data is returned to our school. If you would like to see the survey questions please email: [Angela.Balding@sheu.org.uk](mailto:Angela.Balding@sheu.org.uk).

I hope you will agree with us that this is an exercise in which we wish to cooperate fully. I will assume you approve unless I hear otherwise and I look forward to working with you in planning improved health promotion for our pupils.

As part of the survey it would be helpful if your son/daughter knows the first part of their postcode i.e. NE61, ( this will be used only for drawing maps of results in the area, your house will not be identified).

The survey will be carried out in the next few weeks.

Thank you

Clare Scott

# NORTHBURN PRIMARY SCHOOL

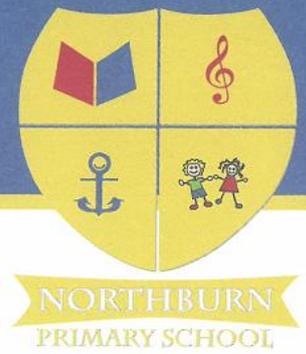
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Headteacher: Mrs Clare Scott



Ofsted Report (2013): *"A superb atmosphere of calm and industry pervades the school. It enables pupils to listen, concentrate and work hard without distraction"*