



# Cramlington School Sport Partnership



Newsletter Summer Term 2021-22

## Cramlington School Sport Partnership Update

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We reach the end of another challenging year for schools. Thinking back to the start of the year when we were still faced with many covid restrictions, and now feeling grateful for a gradual feeling of returning more to normality as the year has progressed. It has been fantastic to be able to use the benefits that come from play, sport and physical

activity to see the children working together, having fun and enjoying being active with their friends.

On 25th June it was announced by the Government that the PE and Sport Premium funding will continue again next school year, securing the important work of Cramlington School Sport Partnership for a 10th year.

Thank you to the schools and community partners who have been involved in the SSP programme this year...we're looking forward to delivering another packed programme in 2022-23!  
Have a great summer!  
Gill Smith  
SSP Coordinator



## FAST! Fun and Active Summer Term

Following the success of last year's FAST! programme, it was back bigger and better for 2022! Our "Fun and Active Summer Term" project works with some of our local partners to offer a variety of workshops and activities designed for all year groups from Nursery to Y6 to engage in having fun with their friends whilst being active and trying new activities.

This year pupils enjoyed:

- Dance Blast with Creative Dance Centre
- Little Movers
- Skipping with Skip4Fit
- Basketball with Eagles Community Foundation
- Hoopstarz with KidzRFit
- "All About Me" workshop with Fizzy Studios



## Key Stage 1 Multiskills Festivals

Pupils in Y1 and Y2 took part in a series of Multiskills Festivals, led by their Y5 or Y6 Sports Leaders. The leaders were taught 10 different games to teach to the KS1 pupils. The activities were designed to develop fundamental movement skills, such as agility, balance and coordination, alongside encouraging children to work together as a team, and to show determination and resilience when trying new activities or experiencing winning and losing.

The success of these events lies with the Sports Leaders. Every group were very impressive, listening to all the instructions and working together to ensure that the younger pupils were kept active and had a lot of fun.

Some feedback from pupils after the festival:

- "I just loved playing all those different games!" (Y2 pupil)
- "I liked doing the group game as it was fun to hold hands with other people, people I didn't know" (Y1 pupil)
- "I liked working as a team on the letter game" (Y1 pupil)
- "I liked doing it because I got a chance to teach Y1 and Y2 children. I think we all had a good time and enjoyed the morning!" (Y6 Sports Leader)
- "What a wonderful experience for both our KS1 pupils and Y6 sports leaders. Observing our friendly Y6

encourage and support our KS1 pupils was an absolute delight. KS1 pupils felt comfortable and were beaming with confidence as they moved to each event" (Y2 teacher)



## Year 4 Soccercise

Y4 pupils enjoyed a Soccercise workshop delivered by Cramlington United and Lauren from Develop Her Game. In these very active sessions, each child has their own football and is led through a series of exercises and skills, which each pupil can then work on at their own level.

Following the session the pupils were left with personal challenges to record scores and by their own progress. The Y4s at Eastlea Primary School were the most improved class.



# School Games

School Games is a national programme of school sport, PE and physical activity. It is much more than just competitions, it has become a powerful movement for change in school sport, transforming competition from the preserve of the most talented to a fun, engaging and meaningful experience for children and young people, ensuring more children enjoy the many benefits that come from play and sport.

The Cramlington SSP schools are part of Cramlington & Seaton Valley School Games area within Northumberland. The PE and Sport Premium funding, and therefore the SSP, supports schools to get the most from the School Games programme, such as arranging for schools to work with specialist coaches to ensure pupils are prepared before competitions, or providing equipment, resources and transport that help schools to take part.

During the summer term the range of activities has included Y5/6 Girls' Football, Y4 & Y6 Quadkids Athletics, Y5/6 Cricket, Sports Libraries, #everychildskips, and events as part of the Commonwealth Games legacy programme.

## Y5/6 Girls' Football

Teams from **Burnside**, **Cragside**, **Northburn** and **Shanklea** competed in the Y5/6 Girls' Football competition, hosted by Cramlington United with referees from Cramlington Learning Village. The standard of football and teamwork was good from the start with but improved impressively as the morning went on. There was a lot of passion and determination on display as the players went through their pool matches. Northburn, Shanklea and Burnside all progressed through to the semi-finals, where Shanklea and Burnside demonstrated amazing bravery and strength of



character when their semi-final was decided on penalties. **Burnside** went through to the final where they narrowly lost 1-0 to the winning team from Hareside.

## Quadkids Athletics

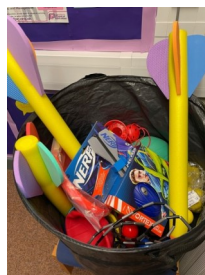
Quadkids is a competition format specifically for primary schools, where every athlete takes part

in the standing long jump, howler throw, sprint and long run. Times and distances are converted into points, similar to a Heptathlon/Decathlon. Teams of 10 athletes from **Burnside**, **Eastlea**, **Northburn** and **Shanklea** took part in the area rounds, run by sports leaders from Whytrig Middle School and Astley High School. **Northburn** were the winners of the Y4 competition and **Shanklea** finished in 3rd place, whilst in the Y6 competition **Burnside** were the winning team with **Northburn** coming runners-up. All of these teams then progressed to the county finals, held in Alnwick and Morpeth, where they competed against winning schools from other areas of Northumberland.



## Sports Libraries

A number of SSP schools are taking part in an exciting pilot project designed to promote children taking part in 60 active minutes every day. The Chief Medical Officer recommends that children take part in an average of 60 minutes each day - this can be made up of shorter bouts of activity and should include time both in and outside of school. The Sports Library project is designed to promote activity out of school by enabling children to "borrow" equipment to take home and play with, either by themselves or with family and friends. **Beaconhill**, **Northburn** and **Shanklea** are trying out the programme, planning how it will work best for the pupils in their school and providing feedback which will contribute to both county-level and national research. During 2022-23 we will report further on the findings of this pilot.



## #everychildskips

In June, schools took part in a national skipping event, where pupils across the country all skipped for a minute at the same time. KS2 pupils at **Beaconhill** and the whole school at

**Eastlea** enthusiastically joined in! This event is in preparation for an exciting national Guinness World Record attempt which our schools are hoping to take part in next year.

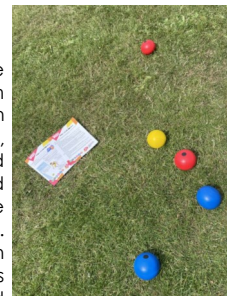


## Y5&6 Cricket Festival

Teams from **Cragside**, **Eastlea**, **Northburn** and **Shanklea** joined other teams from our area at the Northumberland Cricket Board Y5&6 festival. Playing the new "Dynamo Cricket" format there was lots of cricket played across the day and well done to **Northburn** who had winning teams in both the boys' and girls' competitions

## Lawn Bowls

As part of the #UnitedByBirmingham Commonwealth Games legacy, schools were provided with equipment and resources to introduce pupils to Lawn Bowls. This Commonwealth Games sport involves concentration and accuracy, as well as clever tactics and strong nerves at times! Y4 at **Burnside** enjoyed learning how to play and showed fantastic respect, honesty and teamwork when working out the scores in their matches. Pupils in Reception and Y4 at **Shanklea** have also been playing lawn bowls and Y4 have been learning all about the Commonwealth Games.



# Northumberland School Games LIVE!

As part of the #UnitedbyBirmingham programme, this year's Northumberland School Games Live! was hosted by Alnwick Castle and The Alnwick Garden, where groups from **Cragside** and **Eastlea** joined hundreds of children from across Northumberland. The children had all been carefully chosen to represent their school and during the day tried different activities such as cricket, roundnet and archery, they took part in teamwork challenges, and enjoyed everything that



Alnwick Castle and The Alnwick Garden have to offer - on such a hot day the water features proved to be very popular with lots of smiles to be seen and



squeals of delight to be heard! During a speech by her Grace the Duchess of Northumberland each school was presented with a skipping rope to take back to school as a memento of their special day and to encourage more pupils to be active during the school day.

